12th January 2022

Dear Parents/Carers

The Green Park Wellbeing Champions are inviting all students and staff to participate in ‘Blue Monday’ which will be on Monday 17th January 2022. The staff and students will be asked to wear anything except the colour Blue on this day. In recent years the media have called the third Monday after Christmas ‘Blue Monday’ because it is thought to be the saddest day of the year. We however would like to cheer up our classes by seeing as many colours as we can. This is optional and we will not be asking for any donations on this occasion.

The rest of the week is Green Park’s kindness week in which our Wellbeing Champions will be inviting classes to attend TEAMS sessions and taking part in fitness, challenges, relaxation, reading and Random Acts of Kindness.

We would love all of our pupils to participate in this event and hope to see a Rainbow of colours on Monday.

There’s no rain in our Rainbow just love and lifelong learning!

Yours sincerely

Lorraine Dawney

Headteacher

